



355th fighter wing

IDS

DMAFB AZ

**Airman & Family Readiness
Center**

Family Advocacy Program

Mental Health Support

ADAPT

American Red Cross

Chapel

Health and Wellness Center

Services Squadron Family

Programs

Sexual Assault Response



Mental Health Support MENTAL HEALTH

DMAFB

Phone Number.....228-
4926

◆ Personal Growth

▣ Self Learning

▣ Individual

Empowerment/Counseling

▣ Positive Change

Give us a call to learn more

information about specific
strategies to maximize your
personal, professional or
relationship success.



The IDS comprises all
helping agencies within the
DMAFB community working
together to ensure services
are available to
provide safety, health &
well being, personnel
preparedness and family
adaptation. We focus on
developing a sense of
community for the active-
duty population, DoD
employees



One Team, One Force, One Family

Airman & Family

Readiness Center

Phone Number.....228-
5690

Air Force Aid Society (AFAS)

▣ Emergency financial
assistance

▣ Outreach programs

Career Focus Program

▣ Job Search Classes

Family Life Education

Family/Personal Readiness Program

▣ Pre-deployment Briefings

▣ Services for Spouses &
Families

Family Services Program

▣ Loan Closet

**Personal Financial Management
Program**

▣ Financial Management

Health & Wellness Center

**Relocation Assistance Program
(RAP)**

**Transition Assistance Program
(TAP)**

**Information & Referral Services
(I&R)**
Phone Number.....228-
2294

▣ Fitness Classes and
Consultations

▣ Nutrition Classes and
Counseling

▣ Tobacco Cessation Classes

▣ Fitness Improvement Program

HAWC

DMAFB



Family Advocacy Program

Phone Numbers:

Family Advocacy
Program.....228-2104
New Parent Support
Program.....228-2104

Outreach Program

•Primary and secondary prevention to include educational briefings and classes on skill development, marketing, , community collaboration & intervention, and referral links

New Parents Support Program (NPSP)

•Provide prenatal support and support for parents with children ages 0—3

~~Family Alcohol & Drug Abuse Therapy (FAST)~~
~~Prevention and Treatment~~
~~individual, family, or marriage counseling on a space-available basis~~

~~Maltreatment and Abuse evaluation and treatment planning~~
Phone Number.....228-5507

Promote Healthy Lifestyles
Maintain Air Force Standards
Encourages Responsible Behavior
Minimizes Negative
Consequences to



American
Red Cross

Phone

Number.....318-6740

- Emergency Communication Services
- Emergency Financial Assistance
- Counseling Services
- CPR and First Aid Courses
- Babysitter Training
- Disaster Preparedness
- Deployment Tips



Chaplain Service

Phone Numbers:

Desert Dove Chapel.....
.....228-5411
Hope Chapel.....
.....228-5411

Privileged Communication:

The military base chaplain has complete confidentiality. Consequently, the chaplain may be the first person to contact to discuss highly sensitive and/or personal concerns.

Spiritual Needs

- Doubts/fears/questions
- Bereavement
- Other personal crises

Family Counseling

- Pre-marital/marital counseling



Child Development Center.....
228-6463

- Give Parents A Break Program
 - Weekly and Hourly Child Care (6 months to 5 year of age)
 - Extended Duty Care for Alerts And Exercises (as needed/requested)
- Family Child Care.....
.....228-2201

- Child Care for PCS Program
- Home Alone Training Classes
- Weekly, Hourly, and Weekend Care (6 weeks to 10 years of age.)

Youth Programs.....
.....228-8844

- Teen Lock-Ins
- School-Age Program
 - Weekly Care (ages 5 to 12 years)
- Recreational Sports Program
- Instructional Classes

Community Center Sexual Assault Response

~~Coordinator~~
•Trade Mark Events
•Instructional Classes

Phone Number.....
.....228-7272

- Provides primary education and training for the prevention of sexual assault.
- Responds to victims of sexual assault.
- Recruits, trains, supervises and assigns Victims Advocates to